

**Helpers in Your Community:** Is the helper able, available and acceptable?

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| CRISIS (DISTRESS) CENTER: 800-437-0303 |
| SUICIDE PREVENTION CENTER: 988; 800-273-8255 or www.crisischat.org; text 741741 |
| TEEN LINE: 800-448-3000 |
| RAPE/SEXUAL ASSAULT CENTER: 800-656-4673 |
| DOMESTIC VIOLENCE HOTLINE: 800-799-7233 |
| SEXUAL ABUSE HOTLINE: 800-656-4673 |
| CHILD ABUSE HOTLINE: 855-452-5437 |
| POLICE: 225-621-8300 Ascension Parish Sheriff Office  |
| PARAMEDIC EMERGENCY MEDICAL SERVICES UNIT: 911 |
| MENTAL HEALTH CRISIS / RESPONSE: 225-342-2540 Office of Behavior Health |
| HOSPITAL EMERGENCY SERVICES: 911  |
| EMERGENCY SHELTERS: 225-644-2807 **Salvation Army** |
| YOUTH SHELTER: Youth Oasis 225-343-6300  |
| MENTAL HEALTH OUTREACH CLINIC: Gonzales Mental Health Center 225-621-5770 |
| CHILDREN/YOUTH PSYCHIATRIC CLINIC: 225-342-9500 Capital Area Human Services District |
| PRIVATE PRACTITIONERS: Southern Medical Associates 225-644-1990 |
| MEDICAL CLINIC / GENERAL PRACTITIONER: Srivalli Donthineni, MD 225-677-9595 |
| STD INFORMATION AND TESTING SITES: 800-311-3435 CDC- STD Hotline |
| CHILDREN’S SERVICES OFFICES: La. Dept. of Children, Gonzales 225-644-4603  |
| STUDENT SERVICES: Ascension Parish School Board 225-391-7000 |
| CHILD CARE REFERRALS: Angelic Services, Gonzales 225-644-2326  |
| PARENT TRAINING: Positive Parenting by Baker Training Institute  |
| FAMILY SUPPORT SERVICES: Family Support 225-686-2261 Family Service Center 225-644-0484 |
| SELF HELP GROUPS: BR AIS 225-924-0029 Celebrate Recovery 504-831-9673 |
| SUBSTANCE ABUSE COUNSELING: Ascension Substance Abuse Services 225-621-1160  |
| ALCOHOLICS ANONYMOUS: 225-930-0026  |
| MENTAL HEALTH SERVICES: St. James Behavioral Health 225-647-7524 |
| RELIGIOUS/SPIRITUAL SUPPORT: Any local church - the religious leader is there to support you. |
| LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE: 225-644-3333 District Attorney's Office |
| COMMUNITY CORRECTIONS OFFICERS: Ascension Sheriff 225-621-8300 |
| Other: SaveCenla.com | Other: 225-387-0061 Volunteers of America |
| Other: 225-644-7475 Dept of Veterans Affairs | Other: 211 Resource Center |
| Other: 225-343-1984 CASA | Other: https://www.depression-anxiety-stress-test.org/ |

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