

**Helpers in Your Community:** Is the helper able, available and acceptable?

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| CRISIS (DISTRESS) CENTER: 988; (800)273-8255 or text HELP to 741-741 | |
| SUICIDE PREVENTION CENTER: BATON ROUGE CRISIS INTERVENTION CENTER (800)4370303 | |
| TEEN LINE: 504-777-3273 crisis teen text line | |
| RAPE/SEXUAL ASSAULT CENTER: 800-656-4673 | |
| DOMESTIC VIOLENCE HOTLINE: 800-799-7233 | |
| SEXUAL ABUSE HOTLINE: 800-656-4673 | |
| CHILD ABUSE HOTLINE: 855-452-5437 | |
| POLICE: 911; ALLEN PARISH SHERIFF'S DEPARTMENT (337)639-4353 | |
| PARAMEDIC EMERGENCY MEDICAL SERVICES UNIT: 911 - landline displays your exact location | |
| MENTAL HEALTH CRISIS / RESPONSE: 318-335-1450 **Allen Parish Coroner will help with a mental health crisis to get patient admitted into a mental health hospital who refuses help** | |
| HOSPITAL EMERGENCY SERVICES: Allen parish hospital 337-738-2527; Oakdale Hospital 318-335-3700 | |
| HOMELESS SHELTERS**: HUD 318-443-0500 ext 100; Google "211" or homelessshelterdirctory.org** | |
| YOUTH SHELTER HUD 318-443-0500 ext 100 | |
| MENTAL HEALTH OUTREACH CLINIC: Allen Behavioral Health 337-639-3001; Compass Behavioral 337-738-9461 | |
| CHILDREN/YOUTH PSYCHIATRIC CLINIC: 337-363-6749 Dept of Children & Family Services | |
| PRIVATE PRACTITIONERS: Matthew Courville, RMD 337-738-3500 | |
| MEDICAL CLINIC / GENERAL PRACTITIONER: Oakdale Family Care 318-335-3501 | |
| STD INFORMATION AND TESTING SITES: 800-311-3435 CDC- STD Hotline | |
| CHILDREN’S SERVICES OFFICES: Vermillion Behav Hosp 888-524-3578; Compass 337-806-8934 | |
| STUDENT SERVICES: kidsMatter2.org; Allen Parish School Board 337-639-4311 | |
| CHILD CARE REFERRALS: https://childcarecenter.us/county/allen\_la | |
| PARENT TRAINING: Courseforparents.com | |
| FAMILY SUPPORT SERVICES: www.hope4families.today; Grant health unit 318-627-3133 | |
| SELF HELP GROUPS: Allen outreach 318-335-3578 | |
| SUBSTANCE ABUSE COUNSELING: New Vision 337-243-4169 | |
| ALCOHOLICS ANONYMOUS: 318-561-6119 | |
| MENTAL HEALTH SERVICES: 318-487-5191 Central Louisiana Human Services District | |
| RELIGIOUS/SPIRITUAL SUPPORT: Any local church - the religious leader is there to support you. | |
| LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE:  (318) 253-6587District Attorney's Office | |
| COMMUNITY CORRECTIONS OFFICERS: (337) 639-4353 Allen Sheriff | |
| Other: SaveCenla.com | Other: 318-443-0500 Volunteers of America |
| Other: 318-757-4952 Dept of Veterans Affairs | Other: 211 or 318-322-0400 (Resource center) |
| Other: (318) 442-6621 American Red Cross | Other: https://www.depression-anxiety-stress-test.org/ ; survivorsofsuicide.com |

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