

**Helpers in Your Community:** Is the helper able, available and acceptable?

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| CRISIS (DISTRESS) CENTER: call or text 988 |
| SUICIDE PREVENTION CENTER: BATON ROUGE CRISIS INTERVENTION CENTER 225-924-1431 |
| TEEN LINE: 833-898-8336 |
| RAPE/SEXUAL ASSAULT CENTER: 800-656-4673 |
| DOMESTIC VIOLENCE HOTLINE: 800-799-7233 |
| SEXUAL ABUSE HOTLINE: 800-656-4673 |
| CHILD ABUSE HOTLINE: La. State Dept. Social Services 225-638-4846 |
| POLICE: 911; Pointe Coupee Sheriff’s office 225-638-5400 |
| PARAMEDIC EMERGENCY MEDICAL SERVICES UNIT: 911; Acadian Ambulance 800-259-3333 |
| MENTAL HEALTH CRISIS / RESPONSE: 225-638-5736 Pointe Coupee **Parish Coroner will help with a mental health crisis to get patient admitted into a mental health hospital who refuses help. Pointe Coupee Behavioral Health 225-907-2218** |
| HOSPITAL EMERGENCY SERVICES: SouthStar Urgent Care 225-308-6621; PC Hospital 225-638-6331 |
| HOMELESS SHELTERS: 225-388-5800 Drop-in Center**; Google "211" or homelessshelterdirctory.org** |
| YOUTH SHELTER: Anchor house 225-236-5249 (male ages 16-21); 211 |
| MENTAL HEALTH OUTREACH CLINIC: PC Human Services Center 225-638-7663 |
| CHILDREN/YOUTH PSYCHIATRIC CLINIC: Margaret Dumas 844-758-6238  |
| PRIVATE PRACTITIONERS: Our Lady of the Lake Physician Group 225-713-2400 |
| MEDICAL CLINIC / GENERAL PRACTITIONER: Health Unit 225-638-7320  |
| STD INFORMATION AND TESTING SITES: Health Unit 225-638-7320 |
| CHILDREN’S SERVICES OFFICES: La. Dept. of Social Services 225-638-4846 |
| STUDENT SERVICES: Point Coupee Parish School System 225-638-8674 |
| CHILD CARE REFERRALS: 225-638-4544 |
| PARENT TRAINING: Volunteers of America 225-343-7951 |
| FAMILY SUPPORT SERVICES: H.O.P.E. Ministry of PC 225-618-8300  |
| SELF HELP GROUPS: Street Outreach Program 225-255-1330; 211 looking for a group to support any concern |
| SUBSTANCE ABUSE COUNSELING: Lake Wellness Center 225-900-0352 |
| ALCOHOLICS ANONYMOUS: 866-504-6974 |
| MENTAL HEALTH SERVICES: Charnel Jackson 225-307-3866; Samuel Chesterfield 225-240-1842 |
| RELIGIOUS/SPIRITUAL SUPPORT: New Life Worship 225-638-7000; Any church of your preference will have a spiritual director. |
| LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE:  www.lawhelp.org/LA. |
| COMMUNITY CORRECTIONS OFFICERS: Sheriff 225-638-5400 |
| Other: SaveCenla.com | Other: Dept of Children & Family Services (DCFS) 225-638-7320 |
| Other: 225-638-5535 Dept of Veterans Affairs | Other: 211- essential community services |
| Other: Capital Area Human Services District 225-922-2700 | Other: https://www.depression-anxiety-stress-test.org/  |
| Housing Authority 225-638-8940 | survivorsofsuicide.com |

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