



## Helpers in Your Community: Is the helper able, available and acceptable?

CRISIS (DISTRESS) CENTER: Call or text 988/ 211	
SUICIDE PREVENTION CENTER: Call or text 988 <a href="https://988lifeline.org">988lifeline.org</a> .	
Human Trafficking: BCFS 888-884-7323/State Police 337-262-5880 <a href="https://humantrafficking.la.gov/resources/services-map/">https://humantrafficking.la.gov/resources/services-map/</a>	
TEEN text LINE: 833-898-8336	
RAPE/SEXUAL ASSAULT CENTER: Hearts of Hope 337-233-7273	
DOMESTIC VIOLENCE HOTLINE: 337-828-4200 or 800-799-7233	
SEXUAL ABUSE HOTLINE: 888-411-1333	
CHILD ABUSE HOTLINE: 855-452-5437 / 337-828-1960 Sheriff's Office	
POLICE: 911; St. Mary Parish Sheriff's Dept 337-828-1960	
PARAMEDIC EMERGENCY MEDICAL SERVICES UNIT: 911 - landline displays your exact location	
<b>MENTAL HEALTH CRISIS / RESPONSE: St. Mary Parish Coroner will help with a mental health crisis to get patient admitted into a mental health hospital who refuses help 985-384-9964</b>	
HOSPITAL EMERGENCY SERVICES: Ochsner St. Mary 985-384-2200 <a href="https://www.louisianaemergencyresponse.com/">Region 3 – Louisiana Emergency Response Network (la.gov)</a>	
<b>Homeless Shelters Resources:</b> <a href="https://www.homelesshelterdirectory.org/">https://www.homelesshelterdirectory.org/</a> ; Google "211" or <a href="https://www.findhelp.org">https://www.findhelp.org</a>	
YOUTH SHELTER: Claire House TANF 985-395-2424	
MENTAL HEALTH OUTREACH CLINIC: St. Mary Mental Health Clinic 985-380-2460 <a href="https://www.mentalhealthfacilities.net/">https://www.mentalhealthfacilities.net/</a>	
CHILDREN/YOUTH PSYCHIATRIC CLINIC: St. Mary Behavioral Health Center 985-380-2460	
PRIVATE PRACTITIONERS: Google - Refer to the bottom line	
MEDICAL CLINIC / GENERAL PRACTITIONER: Teche Regional Medical Center 985-384-2200	
STD INFORMATION AND TESTING SITES: St. Mary Parish Health Unit 985-380-2441	
CHILDREN'S SERVICES OFFICES: South Central LA Human Svc 985-858-2931 <a href="#">Our Locations</a>   <a href="#">SCLHSA</a>	
STUDENT SERVICES: St. Mary Parish School Board 337-836-9661	
CHILD CARE REFERRALS: <a href="http://Childcarecenter.us">Childcarecenter.us</a>	
PARENT TRAINING: St. Mary CAA Ready Start 337-828-5703 <a href="#">Enrollment</a>   <a href="#">St. Mary Parish Ready Start Network</a>   <a href="http://Franklin(stmaryreadystartnetwork.org)">Franklin (stmaryreadystartnetwork.org)</a>	
FAMILY SUPPORT SERVICES: Dept of Children & Family Services/St. Mary Child Welfare 337-828-5278	
SUBSTANCE ABUSE COUNSELING: Fairview Treatment Center 985-395-6750 <a href="#">Find Therapists and Psychologists in 70380 - Psychology Today</a>	
ALCOHOLICS ANONYMOUS: 844-915-3341 Meetings: Quitting Time, Morgan City; Morning Light, Thibodaux <a href="#">Alcoholics Anonymous Meetings Near Me - AA Meetings Directory</a>	
MENTAL HEALTH SERVICES: South Central LA Human Svc 985-858-2931	
RELIGIOUS/SPIRITUAL SUPPORT: Any local church, the religious leader is there to support you. <a href="#">Churches (lagenweb.org)</a>	
LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE: St. Mary District Attorney Ofc 337-828-4100 ext550	
COMMUNITY CORRECTIONS OFFICERS: 337-828-6945	
Other: <a href="http://SaveCenla.com">SaveCenla.com</a>	Other: 211 or (Resource center)
Other: St. Mary Parish Police Jury 337-828-4100 <a href="#">Saint Mary Parish</a>   <a href="#">Louisiana Reentry Guide (lareentryguide.com)</a>	Other: <a href="https://www.depression-anxiety-stress-test.org/">https://www.depression-anxiety-stress-test.org/</a> survivorsof suicide.com St. Mary Outreach/United Way 985-385-0525
Other: <a href="http://Betterhelp.com">Betterhelp.com</a>	Other: South Central LA Human Svc 985-858-2931