

**Helpers in Your Community:** Is the helper able, available and acceptable?

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| CRISIS (DISTRESS) CENTER: 988; (800)273-8255 or text HELP to 741-741 |
| SUICIDE PREVENTION CENTER: BATON ROUGE CRISIS INTERVENTION CENTER (800)437-0303 |
| TEEN LINE: 504-777-3273 crisis teen text line |
| RAPE/SEXUAL ASSAULT CENTER: 800-656-4673 |
| DOMESTIC VIOLENCE HOTLINE: 800-799-7233 |
| SEXUAL ABUSE HOTLINE: 800-656-4673 |
| CHILD ABUSE HOTLINE: 855-452-5437 |
| POLICE: 911; Red River Parish Sheriff's Dept 318-932-4354 |
| PARAMEDIC EMERGENCY MEDICAL SERVICES UNIT: 911 - landline displays your exact location |
| MENTAL HEALTH CRISIS / RESPONSE: 318-932-9980 **Red River Parish Coroner will help with a mental health crisis to get patient admitted into a mental health hospital who refuses help** |
| HOSPITAL EMERGENCY SERVICES: Christus Coushatta Health Care Center 318-932-2000  |
| **Homeless Shelters Resources: RRP Section 8 318-932-5719; Google "211" or homelessshelterdirectory.org** |
| YOUTH SHELTER: Ware Youth Center 318-932-4411  |
| MENTAL HEALTH OUTREACH CLINIC: RR Mental health clinic 318-932-4029 |
| CHILDREN/YOUTH PSYCHIATRIC CLINIC: Brentwood 877-678-7500 |
| PRIVATE PRACTITIONERS: Dr. Clifton Hamic 318-797-6661; Family Medicine 318-212-7839 |
| MEDICAL CLINIC / GENERAL PRACTITIONER: Christus Community Clinic: 318-448-6800 https://www.christushealth.org/st-frances-cabrini/locations-directions  |
| STD INFORMATION AND TESTING SITES: 800-311-3435 CDC- STD Hotline |
| CHILDREN’S SERVICES OFFICES: Parent Training 318-676-5222 ext 243 |
| STUDENT SERVICES: Red River Parish School Board 318-932-4081 |
| CHILD CARE REFERRALS: Childcarecenter.us; CASA 325-864-3670 |
| PARENT TRAINING: Red River Health Unit 318-932-4087 |
| FAMILY SUPPORT SERVICES: 318-932-5715  |
| SUBSTANCE ABUSE COUNSELING: RR treatment center 318-441-5900 |
| ALCOHOLICS ANONYMOUS: 318-865-2172 |
| MENTAL HEALTH SERVICES: Myra Cumber 318-932-4029; Momentum counseling 318-775-9448 |
| RELIGIOUS/SPIRITUAL SUPPORT: Any local church - the religious leader is there to support you. |
| LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE:   318-932-4035 District Attorney's Office |
| COMMUNITY CORRECTIONS OFFICERS: 318-932-4354 Red River Sheriff |
| Other: SaveCenla.com | Other: 211 or 318-322-0400 (Resource center) |
| Other: Dept of Veterans Affairs 318-932-4911 | Other: https://www.depression-anxiety-stress-test.org/ ; survivorsofsuicide.com |
| Other: Betterhelp.com | Other:NLHSD 318-676-5111 |

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