

**Helpers in Your Community:** Is the helper able, available and acceptable?

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| CRISIS (DISTRESS) CENTER: 800-437-0303 |
| SUICIDE PREVENTION CENTER: 988; 800-273-8255 or www.crisischat.org; text 741741 |
| TEEN LINE: 800-448-3000 |
| RAPE/SEXUAL ASSAULT CENTER: 800-656-4673 |
| DOMESTIC VIOLENCE HOTLINE: 800-799-7233 |
| SEXUAL ABUSE HOTLINE: 800-656-4673 |
| CHILD ABUSE HOTLINE: 855-452-5437 |
| POLICE: 225-625-2365 Iberville Parish Sheriff Office  |
| PARAMEDIC EMERGENCY MEDICAL SERVICES UNIT: 911 |
| MENTAL HEALTH CRISIS / RESPONSE: 225-922-3281 Office of Behavior Health |
| HOSPITAL EMERGENCY SERVICES: Ochsner Medical Complex 225-761-5200 |
| EMERGENCY SHELTERS: 225-687-5140 emergency preparedness; 225-355-4483 **Salvation Army** |
| YOUTH SHELTER: Youth Oasis 225-343-6300 |
| MENTAL HEALTH OUTREACH CLINIC: Fisher Project 225-929-7674 |
| CHILDREN/YOUTH PSYCHIATRIC CLINIC: 225-342-9500 Capital Area Human Services District |
| PRIVATE PRACTITIONERS: 225-713-3494 Small Talk Counseling & Consulting |
| MEDICAL CLINIC / GENERAL PRACTITIONER: 225-687-1772 Family First Medical Clinic |
| STD INFORMATION AND TESTING SITES: 800-311-3435 CDC- STD Hotline |
| CHILDREN’S SERVICES OFFICES: 225-687-4373 La. Dept. of Children,  |
| STUDENT SERVICES: 225-687-4341 Iberville Parish School Board  |
| CHILD CARE REFERRALS: 225-687-4341 Iberville Early Childhood Program  |
| PARENT TRAINING: Health Unit 225-687-9021  |
| FAMILY SUPPORT SERVICES: 225-687-4373 Children Youth & Family Services |
| SELF HELP GROUPS: Iberville Parish Government 225687-5243 |
| SUBSTANCE ABUSE COUNSELING: 800-429-7690 Substance Abuse Center |
| ALCOHOLICS ANONYMOUS: 866-641-9190  |
| MENTAL HEALTH SERVICES: 225-924-1910 Integrated Wellness Clinic |
| RELIGIOUS/SPIRITUAL SUPPORT: Any local church - the religious leader is there to support you. |
| LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE: 225-687-5210 District Attorney's Office |
| COMMUNITY CORRECTIONS OFFICERS: 225-625-2365 Iberville Sheriff  |
| Other: SaveCenla.com | Other: 225-925-2372 Volunteers of America |
| Other: 225-687-2714 Dept of Veterans Affairs | Other: 211 Resource Center |
| Other: 985-902-9583 CASA | Other: https://www.depression-anxiety-stress-test.org/ |

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