



Helpers in Your Community: Is the helper able, available and acceptable?

CRISIS (DISTRESS) CENTER: Call or text 988/ 211	
SUICIDE PREVENTION CENTER: Call or text 988 988lifeline.org .	
Human Trafficking: BCFS 888-884-7323/State Police 985-893-6250 https://humantrafficking.la.gov/resources/services-map/	
TEEN text LINE: 833-898-8336	
RAPE/SEXUAL ASSAULT CENTER: ADAPT 985-732-4961	
DOMESTIC VIOLENCE HOTLINE: 985-543-0555 or 800-656-4673	
SEXUAL ABUSE HOTLINE: 888-411-1333	
CHILD ABUSE HOTLINE: 985-748-2001/ 985-345-6150 Sheriff's Office	
POLICE: 911; Terrebonne Parish Sheriff's Dept 985-345-6150	
PARAMEDIC EMERGENCY MEDICAL SERVICES UNIT: 911 - landline displays your exact location	
MENTAL HEALTH CRISIS / RESPONSE: Tangipahoa Parish Coroner will help with a mental health crisis to get patient admitted into a mental health hospital who refuses help 985-230-6305	
HOSPITAL EMERGENCY SERVICES: North Oaks Medical Center 985-345-2700 Region 9 – Louisiana Emergency Response Network (la.gov)	
Homeless Shelters Resources: https://www.homelessshelterdirectory.org/ ; Google "211" or https://www.findhelp.org	
YOUTH SHELTER: House of Serenity 985-351-1879	
MENTAL HEALTH OUTREACH CLINIC: Oceans 985-229-0717 https://www.mentalhealthfacilities.net/	
CHILDREN/YOUTH PSYCHIATRIC CLINIC: Rosenblum Mental Health Clinic 985-543-4800	
PRIVATE PRACTITIONERS: Google - Refer to the bottom line	
MEDICAL CLINIC / GENERAL PRACTITIONER: Loranger 985-606-9000	
STD INFORMATION AND TESTING SITES: Tangipahoa Parish Health Unit 985-543-4165	
CHILDREN'S SERVICES OFFICES: Florida Parish Human Svc 985-543-4333 Contact Us & Locations FPHSA Behavioral Health Services in LA	
STUDENT SERVICES: Tangipahoa Parish School System 985-748-7153	
CHILD CARE REFERRALS: Childcarecenter.us	
PARENT TRAINING: Ready Start Tangipahoa 985-748-2454 Head Start Ready Start Tangipahoa Childhood Education	
FAMILY SUPPORT SERVICES: Dept of Children & Family Services/Tangipahoa Child Welfare 985-748-2001	
SUBSTANCE ABUSE COUNSELING: Hammond Alcohol & Drug Abuse Clinic 985-543-4070 Find Therapists and Psychologists in 70119 - Psychology Today	
ALCOHOLICS ANONYMOUS: 844-915-3341 Meetings: Lunch Bunch AA Mtg 404 W Thomas Street Hammond Alcoholics Anonymous Meetings Near Me - AA Meetings Directory	
MENTAL HEALTH SERVICES: Florida Parish Human Svc 985-543-4333	
RELIGIOUS/SPIRITUAL SUPPORT: Any local church, the religious leader is there to support you. Churches (lagenweb.org)	
LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE: SE LA Legal Svc 985-345-2130	
COMMUNITY CORRECTIONS OFFICERS: 985-748-4330	
Other: SaveCenla.com	Other: 211 or (Resource center)
Other: Tangipahoa Parish Police Jury 985-748-3211 Tangipahoa Parish Louisiana Reentry Guide (lareentryguide.com)	Other: https://www.depression-anxiety-stress-test.org/survivorsofsuicide.com Tangi Food Pantry 985-429-8551
Other: Betterhelp.com	Other: Florida Parish Human Svc 985-543-4333