

**Helpers in Your Community:** Is the helper able, available and acceptable?

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| CRISIS (DISTRESS) CENTER: 800-437-0303 |
| SUICIDE PREVENTION CENTER: 800-273-8255 or www.crisischat.org |
| TEEN LINE: 504-777-3273 crisis teen text line |
| RAPE/SEXUAL ASSAULT CENTER: 800-656-4673 |
| DOMESTIC VIOLENCE HOTLINE: 800-799-7233 |
| SEXUAL ABUSE HOTLINE: 800-656-4673 |
| CHILD ABUSE HOTLINE: 855-452-5437 |
| POLICE: 318-336-5254 Vidalia Police Dept. |
| PARAMEDIC EMERGENCY MEDICAL SERVICES UNIT: 911 |
| MENTAL HEALTH CRISIS / RESPONSE: 318-650-8446 **Concordia Parish Coroner will help with mental health crisis to get patient admitted into a mental health hospital** |
| HOSPITAL EMERGENCY SERVICES: 888-497-2576 Riverland Medical Center |
| HOMELESS SHELTERS**: HUD 318-443-0500 ext 100** |
| YOUTH SHELTER HUD 318-443-0500 ext 100 |
| MENTAL HEALTH OUTREACH CLINIC: 318-339-8553 Caring Choices - Jonesville  |
| CHILDREN/YOUTH PSYCHIATRIC CLINIC: 318-336-8611 Dept of Children & Family Services  |
| PRIVATE PRACTITIONERS: 318-336-8166 Dr. Johnny Ingram; 318-336-7072 Dr. Ibrahim Seki |
| MEDICAL CLINIC / GENERAL PRACTITIONER: 318-757-8632 Concordia Parish Health Unit |
| STD INFORMATION AND TESTING SITES: 800-311-3435 CDC- STD Hotline |
| CHILDREN’S SERVICES OFFICES: 318-336-8611 Dept of Children & Family Services  |
| STUDENT SERVICES: 318-336-4226 Concordia Parish School Board |
| CHILD CARE REFERRALS: 318-336-9224 Day Care in Vidalia  |
| PARENT TRAINING: 318-757-8632 Concordia Parish Health Unit  |
| FAMILY SUPPORT SERVICES: 318-336-8611 Dept of Children & Family Services  |
| SELF HELP GROUPS: 318-269-7441 Anger Management; 318-524-7825 Healing recovery group; 318-596-0312 bipolar support group; 318-225-7408 marriage counseling group  |
| SUBSTANCE ABUSE COUNSELING: 318-575-0954 Catherine Misita |
| ALCOHOLICS ANONYMOUS: 866-641-9190 AA Meetings Vidalia, La.  |
| MENTAL HEALTH SERVICES: 318-487-5191 Central Louisiana Human Services District |
| RELIGIOUS/SPIRITUAL SUPPORT: Any local church - the religious leader is there to support you. |
| LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE:  318-336-5526 District Attorney's Office |
| COMMUNITY CORRECTIONS OFFICERS: 318-336-5231 Sheriff |
| Other: SaveCenla.com | Other: 318-443-0500 Volunteers of America |
| Other: 318-757-4952 Dept of Veterans Affairs | Other: 211 or 318-322-0400 (Resource center) |
| Other: (318) 442-6621 American Red Cross | Other: https://www.depression-anxiety-stress-test.org/ |

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