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**Helpers in Your Community:** Is the helper able, available and acceptable?

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| CRISIS (DISTRESS) CENTER: 988; or text HELP to 741-741 | |
| SUICIDE PREVENTION CENTER: **(318) 387-5683** | |
| TEEN LINE: 504-777-3273crisisteen text line | |
| RAPE/SEXUAL ASSAULT CENTER: 800-656-4673 | |
| DOMESTIC VIOLENCE HOTLINE: 800-799-7233 | |
| SEXUAL ABUSE HOTLINE: 800-656-4673 | |
| CHILD ABUSE HOTLINE: 855-452-5437 | |
| POLICE: 911; Ouachita Parish Sheriff's Dept (318)329-1200 | |
| PARAMEDIC EMERGENCY MEDICAL SERVICES UNIT: 911 - landline displays your exact location | |
| MENTAL HEALTH CRISIS / RESPONSE: (318)327-1362 **Ouachita Parish Coroner will help with a mental health crisis to get patient admitted into a mental health hospital who refuses help** | |
| HOSPITAL EMERGENCY SERVICES: St. Francis Medical Center (318)323-3426 | |
| **Homeless Shelters Resources: (318)998-6030; Google "211" or homelessshelterdirectory.org** | |
| YOUTH SHELTER: (318)345-5556 Our House Help for Teenagers | |
| MENTAL HEALTH OUTREACH CLINIC: Aimwell (855)802-1592; Allegiance (866)798-0552 | |
| CHILDREN/YOUTH PSYCHIATRIC CLINIC: NEDHSA (844)758-6242 | |
| PRIVATE PRACTITIONERS: Robert Calhoun (318)816-9055; Joanie Groves (318)512-4112 | |
| MEDICAL CLINIC / GENERAL PRACTITIONER: Monroe Medical Clinic (318)322-7836; Affinity Walk-in clinic (318)807-0525 | |
| STD INFORMATION AND TESTING SITES: 800-311-3435 CDC- STD Hotline | |
| CHILDREN’S SERVICES OFFICES: Children & Family Services (318)362-5417 | |
| STUDENT SERVICES: Ouachita Parish School Board (318)432-5000 | |
| CHILD CARE REFERRALS: Childcarecenter.us | |
| PARENT TRAINING Children's Coalition - parenting - (318)323-8775 | |
| FAMILY SUPPORT SERVICES Child Welfare (318)362-5417 | |
| SUBSTANCE ABUSE COUNSELING: (800)304-2219 | |
| ALCOHOLICS ANONYMOUS: 866-641-9190 | |
| MENTAL HEALTH SERVICES: Ouachita parish health unit (318)361-7370 | |
| RELIGIOUS/SPIRITUAL SUPPORT: Any local church - the religious leader is there to support you. | |
| LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE: Ouachita DA's Office (318)388-4720 | |
| COMMUNITY CORRECTIONS OFFICERS: Ouachita Sheriff (318)329-1200 | |
| Other: SaveCenla.com | Other: 211 or (Resource center) |
| Other: Dept of Veterans Affairs (318)362-5137 | Other: https://www.depression-anxiety-stress-test.org/ ; survivorsofsuicide.com |
| Other: Betterhelp.com | Other: NEDHSA 318-362-3270 |

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